



Newsletter, October 2025

GFWC Zwaanendael Women's Club

www.gfwczwaanendael.org zclublewes@gmail.com

A member of the General Federation of Women's Clubs



President's Message for October....

October began a month full of purpose, service, and community spirit. Our members truly embody "Living the Volunteer Spirit" through our many impactful events.



At the Middle Atlantic Region Annual Conference, we were able to donate over \$500 worth of supplies to What Is Your Voice as part of the GFWC National Day of Service. Supplies were presented to Jacqueline Sterbach at the conference.



The following week we participated in What is Your Voice's 3rd Annual Butterfly Bolt. We assisted with registration, walked the boardwalk, and gathered at The Cove for celebration and lunch.

We were able to stuff the truck with additional cleaning supplies and paper goods for the benefit of What is Your Voice. It was a day filled with energy, compassion, and teamwork as we supported the mission of WIYV to empower survivors of domestic and sexual violence. Thank you to our generous members who donated supplies during our August collection.

The following day, six members joined together at Grove Park to participate in the annual Walk to End Alzheimer's. This annual event helps to raise awareness and support those affected by this devastating disease. Our October general meeting speaker is Karen Holstein who will provide an overview of the work done by the Alzheimer's Association and how we can further support their mission.

As we continue in our spirit of giving, we are currently collecting items for Stockings for Soldiers to help spread warmth and gratitude to our troops for their service. Thank you to new members Mary Alice Kelly and Beth Bowersock for their willingness to coordinate this important collection drive for our troops.

In addition to our website home page, many of our event photos are posted on our Facebook page. Thanks to Rosemary Ewing. Please like and share these photos to spread the good news.

Thank You to all for your generous donations that help us make a difference in our community and the world.

Yours in Service, *Joyce*

October General Meeting

Tuesday, October 21

1:00 pm – 3:00 pm

Lewes Public Library

Speaker

Karen Holstein

Community Educator
Alzheimer's Association

Wednesday, October 22 - Blood Drive

Please share this info with your neighbors and friends, Flyer below.

Saturday, October 25 - Electronic Goods Recycling at Love Creek Elementary School

Flyer with details and accepted items below.

Wednesday, October 29 - Pumpkin Carving - *Seeking Volunteers, Flyer below.*

Friday, October 31 – Halloween at Zwaanendael Park - *Seeking Volunteers, Flyer below.*

Wednesday, November 5 - Dine to Donate at *Fish On* - *Flyer Below.*

Wednesday, November 12 – Stockings for Soldiers Collection Deadline - *Flyer below*

Saturday, December 6 – Holiday Raffle and Bake Sale – *Mark Your Calendars*

Wednesday, December 10 – Holiday Luncheon at The Peninsula on the Indian River Bay.

\$40 pp, includes buffet lunch, tax and tip. You can sign up and pay at the October meeting. Details coming soon.

Friday, December 12 – *A Christmas Carol* featuring Gerald Dickens – *Flyer below*



**Tickets for the Holiday Gift Card Tree Raffle
will be available at the October Meeting.**

**If you will not be at the meeting,
contact Kathy Cochran to get your tickets.
kathyjocochran@comcast.net**



GFWC Zwaanendael Women's Club

GIFT CARD TREE RAFFLE

\$10 EACH / 3 FOR \$20

Drawing on **Saturday, December 6**

at the Z Club Holiday Market Raffle and Bake Sale
Lewes Historical Society Campus, W Third & Shipcarpenter Streets

Total Value of Cards \$500

NEED NOT BE PRESENT TO WIN

gfwczwaanendael.org



**We are asking each member
to sell 3 tickets.**

Z Club Merch

Showing pride in your membership

- Fall merch orders will be available for pick up at the October 21 General Meeting.
- If you will not be attending, you can have a friend pick up your order.
- You can also contact me after October 21 to arrange for pick up at kdecat@icloud.com



Kathleen DeCataldo

DID YOU MISS THIS MERCH ORDER?

- You can order direct from Savoy Graphics, See details in Website Members Area
- We will let you know when we are placing our next group order.



Holiday Raffle and Bake Sale, December 6

Please bring your items to the October meeting

Basket Items

Mystery Gifts

Gift Cards

You can sign up to bake on Track It Forward

What is a Mystery Gift?

Mystery gifts are wrapped items sold at fundraisers for \$5 each and very popular with those attending our fundraisers. The buyer does not know what is in the wrapped package, thus it is a "mystery." Items are new items, on the smaller size, donated by members that are purchased or regifted. These donated items are considered an In-Kind Donation and should be recorded as such on TIF.

Z Club is helping to continue the tradition of lighted Jack-o-Lanterns in Zwaanendael Park on Halloween. Families will carve pumpkins on 10/29 and then see their creations illuminated in the park when they trick-or-treat on Halloween between 4:00 pm and 8:00 pm. Join us in this fun activity.

THE ARTS AND CULTURE COMMITTEE IS SEEKING VOLUNTEERS FOR THE PUMPKIN CARVING EVENT

Sign Up on TIF

*** ASSIST CHILDREN WITH PUMPKIN CARVING ***

HISTORIC LEWES GROUNDS, SHIPCARPENTER STREET

Wednesday, October 29 🍁 Two Shifts: 2-4 & 4-6

*** GREET CHILDREN AT ZWAANENDAEL PARK ***

THE CARVED JACK-O-LANTERNS WILL BE DELIVERED TO DECORATE ZWAANENDAEL PARK AROUND 4PM.

WE ARE INVITING YOU TO COME IN COSTUME TO GREET THE CHILDREN AND DISTRIBUTE CANDY.

HALLOWEEN, FRIDAY, OCTOBER 31 🍁 TWO SHIFTS: 4-6 & 6-8



We are also seeking candy for distribution at Zwaanendael Park.

Donations can be brought to the October general meeting or given to Deb Cebula, 14335 Allee Lane, Senators Neighborhood, Lewes

THE GFWC ZWAANENDAEL WOMEN'S CLUB AND HISTORIC LEWES INVITE YOU TO A

PUMPKIN CARVING

Help us carve Pumpkins to decorate Zwaanendael Park



Wednesday, October 29

3:00 PM - 6:00 pm

on the grounds of Historic Lewes

110 Shipcarpenter Street

PUMPKINS & CARVING TOOLS PROVIDED

Feel free to bring your own tools if you wish



ON HALLOWEEN NIGHT

PUMPKINS WILL BE DISPLAYED AT

ZWAANENDAEL PARK

4TH STREET & SAVANNAH ROAD

Share This Info With Children You Know

Delaware Solid Waste Authority Collection Event
Saturday, October 25
8:00 am – 2:00 pm
Love Creek Elementary School

*The Environment Committee encourages all members
to recycle their electronics and household appliances properly.*

**GFWC Zwaanendael Women's Club Members are encouraged by our
Environmental Committee to set aside these items so they can be properly
recycled in the fall.**



Collection Event- Lewes

Love Creek Elementary School

19488 John J. Williams Highway

Lewes DE 19958

October 25, 2025 @ 8:00 am - 2:00 pm

Electronic Goods Recycling:

Computer Components and/or parts

Main Frame Computers
Minicomputers
Terminals
Printers
Personal Computers
Monitors
Keyboards
Mice
Cables
Laptop Computers
Notebook Computers
Notepad Computers
Microwave Ovens

Telecommunications Equipment

Telephone Systems
Terminals
Telephones
Telex
Facsimile
Pay Telephones
Cordless Telephones
Cellular Telephones
Answering Machines

**Radio, Television, Electro acoustic
Radios**

Televisions
Video Cameras
Video Recorders
Tape Recorders
Audio Amplifiers
VCRs
Cassette Players
Record Players
Radios
DVD Players

Small Household Appliances

Microwave ovens
Vacuum Cleaners

Toys

Handheld game systems
Electronic toys

**ITEMS NOT ACCEPTED AS
ELECTRONIC GOODS**

Dehumidifiers
Freezers
Refrigerators
Air Conditioners

Household Hazardous Waste- Product
containers marked with words,
"Warning: Hazardous," "Flammable,"
"Poisonous," "Corrosive" or "Explosive."
For example; household cleaners,
garden pesticides, oil-based paints only,
nail polish, fluorescent bulbs, or
antifreeze.

Paper Shredding- Residents can bring
up to 2 file boxes of personal
confidential papers for shredding
(financial and legal documents, receipts,
and tax and medical records). Papers
with staples or paper clips are accepted.

Membership
Chair: Lisa Magnuson

Membership Report as of October 13

86 Members

85 Active Members and 1 Honorary Member

Activity for period 9/13 – 10/13

4 New Members

October Membership Anniversaries

- Celebrating One Year -

Theresa DeTemple
Margaret Mulvaney

Welcome New Members

Sharon Grubaugh - Joined September 15

Cheryl Klipa - Joined September 15

Christina (Chris) Klipa - Joined September 15

Amy Jackson - Joined September 18

Help Z Club Grow

Do you know someone who might like to Join? Refer them and get rewarded!

1. Bring a guest to a monthly meeting. Be sure they sign in as a guest and that they show you referred them.
2. Follow up with them or ask Membership to contact your guest.
3. If your guest joins within 3 months of the meeting you will be rewarded with 6 tickets to the 50/50 drawing.
4. See Lisa Magnuson with any questions.



Health and Wellness

Chairs: Ann Marie Ackerman & Kitty O'Reilley

HEALTHY HABITS: The 3 pm Slump Isn't a Personal Failure

Ever hit that wall mid-afternoon and wonder what's wrong with you? The answer is, Nothing. Your body is asking for a reset. Try stepping outside for 5 minutes. No phone. Just light, air and movement. It's not magic – but it's close.

Murt Foos, RN and former Chair of National, State and Local Hospice and End of Life forums was the guest speaker at the October Health and Wellness Committee meeting. Murt's presentation, *Medical Power of Attorney: Are your wishes known by those who love you and would be with you at the end of life*, was thought-provoking and engendered many questions from the group. Her passion continues to be support for End-of-Life care and to help assure a Peaceful Comfortable Dying when it is time. Murt brought her own experiences as a hospice coordinator into the conversation which made for a wonderful presentation on a difficult topic.

Anyone is welcome to attend the H&W Committee presentations. Information will be shared at meetings and in the newsletter.



(l-r) Ann Marie Ackerman, Sue Carroll, Jill DiZio, Kitty O'Reilley, Rosemary Ewing, Murt Foos, and Denise Burke



WALK TO END ALZHEIMER'S

(l-r) Kitty O'Reilley, Deb Cebula, Juanita Holler, Joyce Skrobot, Ann Marie Ackerman, and Kathy Cochran

History Corner

Nancy H. Phillips, Club Historian

2000-2002 - President Mrs. Marjorie F. Frampton

- Membership consisted of 33 members, and the dedicated members performed 8,321 volunteer hours.
- Volunteers visited the VA hospital and local nursing homes. Toiletry bags were made for clients of the Crisis House and Home of the Brave.
- At Christmas, members donated new books for Read Aloud Delaware and to Head Start.
- Many fundraisers were held at this time. The club's treasurer's mother-in-law crocheted a lovely Martha Washington afghan to be raffled off during the year and was won by a woman from Denver, Pennsylvania.

Arts and Culture

Chairs: Deb Cebula & Connie Rivette

2026 Reel Art Appreciation Film Series

At Cinema Arts Theater

(Formerly the Exhibition on Screen Film Series)

Information on the six films and
how to purchase tickets can be found below.

Legislation and Public Policy

Chair: Lynn Barberi

The goals of the Legislation and Public Policy committee include keeping our membership informed on relevant legislative activities and to have more of a presence in the community as an organization, especially at the state and local level.

The GFWC Legislative Action Center (LAC)

LAC is the primary tool that GFWC uses to educate and mobilize its members. Members who sign up for the LAC receive updates on specific legislation GFWC is supporting. These updates let members know when to contact their national legislators about a bill.

The alert will include information about the issue(s) and a prepared message directly related to GFWC Resolutions. Enrolled members who wish to support any bills can activate the message which will automatically be sent to the member's respective representatives.

Use this QR code to
Sign up for alerts from the
Legislative Action Center (LAC)



Please inform Lynn that you have signed up at dr.lynnbarberi@gmail.com



Coastal Clean Up at Cape Henlopen State Park

(l-r) Kathleen DeCataldo, Mary Yonych, Deb Cebula, Penelope Moreland-Gunn, Becky Clark, Janet Pietrovito, and Sue Carroll



Blood Drive

Sponsored by the GFWC Zwaanendael Women's Club
Health and Wellness Committee

Wednesday, October 22

10:00 am - 2:00 pm

St. Jude the Apostle Catholic Church
152 Tulip Drive, Lewes

Registration

1) For appointments
Use this QR Code
or go to
www.donate.bbd.org



Note: Walk-ins accepted as schedule allows.

2) Members, please also sign up on TIF so you can log your hours.

Donor Requirements

- Good health
- 17 years or older or 16 with parental consent
- Weigh at least 110 pounds
- Symptom free for at least 72 hours following cold or flu

♥ Give the Gift of Life



Dine to Donate at



17300 N Village Main Boulevard, Lewes

Wednesday, November 5

5:00pm - 9:00pm

Reservations Strongly Suggested

302-645-9790

10% of All Food and Beverage Sales, Including Take-out, Will Be Donated to GFWC Zwaanendael Women's Club.



Public spirited women serving
and improving our community
since 1905.

gfwcZwaanendael.org



"Sending Stockings Filled With Joy to Our Soldiers In Harm's Way."

The GFWC Zwaanendael Women's Club, the Colonel David Hall Chapter NSDAR, and Rise Fitness + Adventure are partnering to collect items for our deployed servicemen and servicewomen who are serving through the holidays.

Donations Accepted Through Wednesday, November 12

REQUESTED ITEMS

NO aerosol cans, bars of soap, or hand sanitizer, please

- Chewing Gum
- Fruit Roll-ups/Gushers/Cracker Jacks
- Slim Jim's/Beef Jerky
- Granola/Fruit/Breakfast Bars
- Small Candy and Mini Candy Bars, Christmas and Halloween Candy
- Cookies/Nuts/Pretzels/Trail Mix, less than 12 oz. size
- Flavored Drink Mixes, single packets, lemonade, teas, hot cocoa, coffee
- Ramen Noodle Soup, no Cup of Noodles please as they do not fit in stockings
- Small Individually Packaged Meals: tuna, lasagna, beefaroni, fruit, 8oz or less preferred
- Hand/Foot Warmers
- Fly Swatters
- Toothbrushes & Small Toothpaste
- Crew Socks, Mole Skin
- Toiletries & Lotions, small packages
- Chap Stick & Lip Balm
- Razors, individuals or packs
- Baby Wipes, Foot Powder, Sun Block
- DVD Movies
- Music CDs
- Paperback Books, no romance novels
- Pocket Games & Puzzles
- Crossword & Sudoku
- Beanie Babies
- Phone Cards, AT&T

HOW TO DONATE

Bring to the October 21 Meeting or Drop at One of These Locations / Member's Homes

RISE FITNESS + ADVENTURE

35770 Airport Road, Rehoboth Beach, Behind Hotel Wave

EDWARD JONES FINANCIAL / Janet Maher Office

18335 Coastal Hwy, Suite 101, Enterprise Building, Lewes

Drop Box in Vestibule, 9:00 am - 5:00 pm

Cindy DeMedio, 326 Savannah Road, Lewes

Cathy Cofrancesco, 2001 Savannah Cir, Savannah Place, Lewes

Deb Cebula, 14335 Allee Lane, Senators, Lewes

Beth Bowersock, 1 New Lane, New Road Estates, Lewes

Mary Ann Rocks, 18317 Port Circle, Nassau Grove, Lewes

June Berube, 18700 Golden Sunrise Place, Villages of Red Mill Pond, Lewes

Mary Alice Kelly, 37412 Basin Street, Rehoboth Beach

Also...

Soldiers Appreciate Getting Personal Holiday Messages of Support & Friendship, and Letters of Appreciation from Children and Adults.

Include return address/email if you wish...you might hear back from a soldier.

You Can Make a Financial Donation to Help With the Enormous Shipping Costs.

Make checks payable to "Z Club" and give to/mail to Joyce Skrobot, 122 E. Quail Trail, Lewes,

The Arts and Culture Committee invites you to join them for this in-person performance presented by the Lewes Public Library Spoken Word Society



Friday, December 12

7:00 pm - 8:30 pm

Lewes Elementary School Auditorium
820 Savannah Road, Lewes

Gerald Dickens' performance of *A Christmas Carol* has received standing ovations all over the world. Using his own adaptation of Charles Dickens' classic Christmas tale, Gerald Dickens plays over 30 characters using vocal and physical talents to bring each scene vividly to life.

How to Attend With Z Club

1) Purchase your tickets at this link or use the QR Code
<https://delawarelibraries.libcal.com/event/14484986>



2) Sign up on TIF

Questions? Contact Deb at dCebula57@gmail.com

Tickets for
This Event
Sell Quickly

The Lewes Spoken Word Society (LSWS)

The Lewes Spoken Word Society (LSWS) celebrates the tradition and artistry of oral storytelling through lectures, performances, discussions, demonstrations, and other publicly-shared experiences. The LSWS is partially funded by the generous support of the Delaware Division of the Arts, a state agency, in partnership with the National Endowment for the Arts. The Division promotes Delaware arts events on DelawareScene.com. Z Club is also a financial supporter of LSWS.

Gerald Dickens

Gerald Dickens is an actor, director, and producer, and the great-great-grandson of the author Charles Dickens. In 1993 he created his first one-man show, a theatrical performance of *A Christmas Carol* inspired by Charles Dickens' own energetic readings of the 1860s. A fascination with the life and works of Charles led him to write and direct further one-man shows including *Mr. Dickens is Coming!*, *Nicholas Nickleby* and *Sketches by Boz*. Dickens regularly performs in major theatres and arts centres, arts and literary festivals in the UK, as well as at hotels, stately homes, and on cruise ships.

Thank you to Byers' Choice Ltd. for bringing Gerald Dickens to the United States



Third Annual Butterfly Bolt Supporting What Is Your Voice and Victims of Domestic and Sexual Violence

*Z Club members
with Jacqueline Sterbach,
President and Founder of WIYV*

Back Row in Truck (l-r) Terry
Yates, BetteJayne Barney, Deb
Cebula, Lynn Barberi, Kim Ash
Middle Row (l-r) Joyce Skrobot,
Mary Anne Rocks, Eileen
Spangler, June Berube,
Jacqueline Sterbach, Sue
Crawford, Jill DiZio, Pam Carney
(white hair), and Connie Rivette
Front Row (l-r) Kitty O'Reilley,
Cindy DeEmedio, and Joan
Millard

Room at Cedar Grove Fundraising Event



Communications and Public Relations

Chair & Newsletter Editor: Kathy Cochran

November Newsletter Deadline
Monday, November 10

- MOST MONTHS, THE Z CLUB NEWSLETTER IS EMAILED TO MEMBERS MID-MONTH, PRIOR TO THE MONTHLY GENERAL MEETING
 - PAST NEWSLETTERS CAN BE FOUND ON THE Z CLUB WEBSITE
 - COMMITTEE CHAIRS:
 - Please let me know what is happening with your committee so that information can be shared with our members and the community.
 - Let me know about your events and activities so I can attend and take photos.
 - Any photos you may have can be sent to me via email or text but email preferred.
- kathyjocochran@comcast.net - 410-371-8892

Track It Forward (TIF)
Manager: Joyce Bauchner



TIF Workshop

A successful TIF workshop was held last month with 5 members attending. We worked with members one on one to answer their questions and solve their specific problems.



Please Join the Arts and Culture Committee for the
2026 Reel Art Appreciation Film Series
(Formerly the Exhibition on Screen film series)
at Cinema Art Theater (CAT), 17701 Dartmouth Drive, Lewes

FOLLOW THESE 2 STEPS TO ATTEND WITH THE GROUP

- 1) Purchase Your Ticket From CAT 2) Sign Up On Track It Forward

TICKETS ARE ALREADY ON SALE

Go to RehobothFilm.com, Special Programs, Reel Art Appreciation

Questions? Contact Deb at dCebula57@gmail.com

Six Films Are Being Offered In 2026



Wednesday, January 7, 1:00 pm, 94 Minutes

Great Art on Screen - Water Lilies by Monet: The Magic of Water and Light

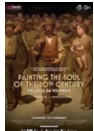
To attend with the group, please reserve by Friday, December 19



Wednesday, February 11, 1:00 pm, 90 Minutes

Exhibition on Screen: Caravaggio

To attend with the group, please reserve by Friday, January 23



Wednesday, March 11, 1:00 pm, 75 Minutes

Great Art on Screen - Painting the Soul of the 20th Century: Pellizza Da Volpedo

To attend with the group, please reserve by Friday, February 20



Wednesday, April 8, 3:30 pm, Note time later than usual, 91 minutes

Exhibition on Screen: Turner & Constable

To attend with the group, please reserve by Friday, March 20



Wednesday, May 13, 1:00 pm, 90 minutes

Great Art on Screen - Lotto and Berenson: Crossed Destinies

To attend with the group, please reserve by Friday, April 24



Wednesday, June 10, 1:00 pm, 118 minutes

Great Art On Screen: Frida - Viva La Vida

To attend with the group, please reserve by Friday, May 22



Fall Executive Board meeting of GFWC Delaware

Executive Board Meetings Are Open to All



**Thursday, October 16
Cripple Creek Golf and Country Club
29494 Cripple Creek Drive, Dagsboro DE**

**Questions? Contact Elayne at
d.cannarozzi@comcast.net or text 302-858-7911**

Registration form on next page

**GFWC Federation Guild Association, Inc.
Bus Trip to the
GFWC Annual Holiday Reception
GFWC Headquarters, Washington DC**

**Wednesday, December 10
\$50 pp**

Bus to DC Departs

Bridgeville Food Lion Shopping Center - 8:00 am

Dover Rodney Village - 9:00 am

Bus Home Arrives

Bridgeville - 7:30 pm

Dover - 8:00 pm

**Makes Checks Payable to "GFWC Guild"
Mail to Peggy Long, 103 Stuart Drive, Dover, DE. 19901**

Questions? Peggy – 302-697-5869





GFWC Delaware
2024 – 2026
"Volunteerism – The Art of Giving"



To: GFWC Delaware Executive Board Members and Guests
From: Corresponding Secretary Elayne Cannarozzi

The fall Executive Board meeting of GFWC Delaware is scheduled for
Thursday, October 16, 2025

at Cripple Creek Golf and Country Club
29494 Cripple Creek Drive, Dagsboro, DE 19939

Registration: 9:30 a.m.

Board Meeting: 10 a.m.

REGISTRATION INCLUDING LUNCH: \$24

REGISTRATION ONLY: \$5

DEADLINE FOR REGISTRATION: October 9, 2025

Name _____
Phone Number _____ Email _____
Club _____
Office/Position on Board _____

Menu Choices: Please circle your selection:

Berry Salad w/Grilled Chicken

Mixed greens, grilled chicken,
feta cheese, strawberries, blue-
berries, red onion, cucumbers,
raspberry vinaigrette

Steak Quesadilla

Sliced flank steak,
peppers, onions,
cheddar jack cheese,
Southwest aioli &
tortilla chips

Asian Salmon Bowl

Grilled salmon, lemon
ginger rice, sugar snap
peas, carrots, bell
peppers, sweet soy
teriyaki & sesame seeds

Apple Pie w/Whipped Cream for Dessert

Iced tea, lemonade and water available at the beverage station; cash bar

Vegetarian Choices: Black Bean Burger w/chips, fries or onion rings OR the Chinese Chicken Salad w/o chicken

Dietary Restrictions _____

AMOUNT ENCLOSED \$ _____

Please make checks payable to GFWC Delaware.

SEND TO: Elayne Cannarozzi
36507 Warwick Drive
Rehoboth Beach, DE 19971