



Z Club News

May 2026

GFWC Zwaanendael Women's Club

A member of the General Federation of Women's Clubs



From Your President, One Last Time...

As I write this final message as President of the GFWC Zwaanendael Women's Club it is hard to believe how quickly the time has gone since my induction two years ago. Serving this remarkable organization has been both an honor and privilege and I will always treasure friendships, memories, and the spirit of service that defines our club. I am filled with gratitude, pride, and admiration for what we have accomplished together. Members have always led with compassion and purpose and demonstrated an unwavering commitment to our community through countless volunteer hours, meaningful projects, fundraising efforts, and outreach activities.

The Board and I are especially proud of the way our members consistently stepped up with enthusiasm, creativity, and generosity. From fundraising events to numerous collections and drives, every accomplishment was made possible because of our members willingness to volunteer and serve.

Leadership is never a solo journey, and I want to express my sincere thanks and appreciation to the members of the Executive Board, Committee Chairs and Co-Chairs, and every member who volunteered their time and talents over the past two years. Your support, encouragement, and friendship have made this experience deeply rewarding and our 2024-2026 Administration a great success.

As I pass the gavel to Ann Marie and the new Executive Board, I do so with confidence knowing that the future of the GFWC Zwaanendael Women's Club is bright with hope and possibility. Our club will continue to grow, inspire, and make a difference in the lives of others in our community and beyond.

THANK YOU for allowing me to the opportunity to serve as your President. I look forward to continuing our shared mission of volunteerism and service as a proud member working beside all of you.

With heartfelt appreciation and gratitude,

Joyce



May General Meeting
Tuesday, May 19
1:00 pm – 3:00 pm

Note Meeting Location

University of Delaware
Cannon Laboratory Bldg.
1044 College Drive, Lewes

*Guest Speaker Presented by the
Arts & Culture Committee*

Chef Matthew Casey

Culinary Arts Instructor
Del Tech Community College / Dover

*Voting for 2026-2028 Board of Directors
Will Take Place at the May Meeting*



Nominees

2026-2027 DUES

*** Due no later than June 1 ***

Three Ways to Pay

- CASH - *In person only*
- CHECK - *Made payable to "Z Club", in person or mail to PO Box 100, Lewes 19958*
- Zelle – Zelle to us at zclublewes@gmail.com - please mark payment as "Dues"

Domestic and Sexual Violence Awareness and Prevention

Chairs: Terry Yates & BetteJayne Barney

SUPPORT FOR TEENS IN FOSTER CARE

We will be filling 20 duffle bags and are seeking donations of the following items:

BLANKETS, SOCKS, PAJAMA PANTS, TOOTHPASTE, TOOTHBRUSH, WASH CLOTHS, BODY WASH

You can bring donations to the May General Meeting or June Happy Hour,
or drop off to Terry Yates, 17277 Venables Dr., Senators Neighborhood.

Bags will be delivered in September so you can drop off until then.

Joseph Balinski from the Department of Services for Children, Youth & Their Families (DSCYF) says there is an influx of teens in the summer months. Attached is his wish list of items they can always use.

| HYGIENE/PERSONAL CARE | BEDDING | EXPERIENCES |
|---|--|---|
| <ul style="list-style-type: none">- Soap, Body Wash- Shampoo, Conditioner- Combs, Brushes- Ponytail Holders, Headbands- Balms, Lotions- Hand Sanitizer | <ul style="list-style-type: none">- Pillows- Pillowcases- Twin Sheet Sets- Towels, Towel Sets | <p>Camps, Community Outing Sponsors, Classes - karate, gymnastics, dance, music, etc.</p> |
| | <p>OTHER</p> <ul style="list-style-type: none">- Diapers, all sizes- Wipes- Detergent Pods | <p>OUTERWEAR</p> <ul style="list-style-type: none">- Scarves, Gloves, & Hats- Jackets & Coats – all sizes including adult |



What Is Your Voice
\$1,000 Donation

(l-r) Sharika Irving, Bette Jayne Barney, Jacqueline Sterbach, Terry Yates, and Kelsie Hansell



Join the Z Club Environment Committee for
NATIONAL TRAILS DAY
 in Cape Henlopen State Park
Saturday, June 6
9:00 am - 1:00 pm

Gather at the Hawk Watch Pavilion at 8:45 am
 Stay for a Noon Cookout

- Clear debris, prune overgrowth, pick up trash.
- Dress for clean-up: hats, sunscreen, bug spray, gloves, and closed toe comfy shoes are all smart choices.
- Please bring a small plastic bag. A grabber is great if you have one.

Sign up
 on TIF



Dine to Donate at



Vino Del Mar
 1201 Savannah Road
 Lewes
vino-del-mar.com

Saturday, June 6

1:00 pm - 9:00 pm

10% of sales will be donated to the
 GFWC Zwaanendael Women's Club

*Public spirited women
 serving and improving
 our community since 1905*



gfwcZwaanendael.org

May Lunch Bunch at Saketumi

No Lunch Bunch in June and July – We will resume this fun activity in August.



Membership

Chair: Lisa Magnuson

Membership Report as of April 20

90 Members – 89 Active Members and 1 Honorary Member
3 Resignations



Meet Susan Townsend

Sue, a native Delawarean, relocated to Lewes from New Castle County in 2011. Prior to relocating, she was employed at Christiana Care Health System for 40 years where she held positions in accounting, purchasing and administration.

She is familiar with Z Club through their annual geranium sale and holiday market at the Lewes Historical Society and wanted to be involved in our community outreach.

Sue is an active member of Lewes in Bloom, having served as membership committee chair for several years, and, as a member of the Overfalls Foundation, managed the Overfalls Museum store for 5 years where she purchased merchandise and scheduled store volunteers.

She enjoys family trips and family visits. Sue's granddaughter stays with her over the summer while working at Irish Eyes – a very special time for Sue!

In her spare time Sue enjoys reading, biking, gardening, playing pickleball and participating in classes at the Lewes Senior Center. She is also a member of her neighborhood Mahjongg group and Mexican Train group.

Welcome Sue!



Health and Wellness

Chairs: Ann Marie Ackerman & Kitty O'Reilley

HEALTHY HABITS: You're Not lazy-You're Overwhelmed

If you've been beating yourself up for not "sticking with it," pause. Maybe your system needs tweaking, not your willpower.

Walk With Juanita

Friday, June 5, 9:30 am

Meet at Lewes Public Library Parking Lot

Sign up on TIF

*Walks with Juanita take place the First Friday of each month starting at 9:30 am.
Location changes monthly.*

Advance Directive Talk and Planning Ahead - A conversation on Care Decision Documents. Deborah Mitiken, Certified Senior Advisor and Aging Life Care Manager

Thursday, May 14, 10:00 a.m.

Showfield Club House, 14421 Foals Way, Lewes

Deborah's work blends clinical insight, legal oversight and compassionate advocacy. She says, "These documents are so important, and clarification is often needed since there are so many types and so many different names for essentially the same thing." Q&A will follow.

All Z Club members and their guests are invited to attend. Please sign up on TIF.

SAVE THE DATE

Walk to End Alzheimer's

Saturday, September 26, 2026

The World's largest event to raise awareness and funds for Alzheimer's care, support and research

More Details to Follow

WE ALWAYS ACCEPT...



- Used Eyeglasses



- Used Hearing Aids



- Lap Blankets for Cancer Patients

Bring Items to General Meetings or Contact Kitty O'Reilley



Blood Bank
of Delmarva

Blood Drive

Sponsored by the GFWC Zwaanendael Women's Club
Health and Wellness Committee

Monday, May 18

10:00 am - 2:00 pm

St. Jude the Apostle Catholic Church

Parish Life Center

152 Tulp Drive, Lewes

Registration

1) For appointments
Use this QR Code
or go to
www.donate.bbd.org



Note: Walk-ins accepted as schedule allows.

2) Z Club Members, please also sign up on TIF so you can log your hours.

Donor Requirements

- Good health
- 17 years or older or 16 with parental consent
- Weigh at least 110 pounds
- Symptom free for at least 72 hours following cold or flu

♥ Give the Gift of Life



THE POWER OF NURSES

The Z Club Health & Wellness Committee celebrated the Power of Nurses, the 2026 Nurses Week theme, on Wednesday, May 6. Committee Members presented flowers to each of the 10 Nursing Stations at Beebe Hospital to acknowledge the hard work and dedication each of these individuals display every day. The nurses told us they look forward to this annual recognition and truly appreciate the flowers and the giant card signed by members.

Z Club also donated \$500 to the Beebe Medical Foundation. Sean Flanagan, Gift Officer, and other members of the foundation attended the presentation and thanked us for the donation. The Foundation was established in 1989 to raise money to help fulfill Beebe Healthcare's not-for-profit charitable mission, which is to encourage healthy living, prevent illness, and restore optimal health to the people residing, working or visiting the communities it serves. Our contribution was greatly appreciated and will help them fulfill their mission.

We explained the long history that Z Club has with Beebe Hospital having contributed to the hospital's 1935 building fund, and the many years of nursing scholarships awarded. A special thank you to Kathy Cochran for attending and capturing the event on film.



FRONT ROW (l-r) Z Club - Health & Wellness Committee Members, Sue Carroll, Janet Pietrovito, Terry Yates, Trish Del Portal-Forrestall, Jill DiZio, Kitty, O'Reilley, Committee Chair; Kaitlyn Gallander and Brooke Schaffer, Beebe Medical Foundation; Beth Goins, Nurse Manager 5th floor; Dareth Penuel, Nurse Manager 3MS/Oncology; Jen Mancuso, Nurse Manager of PCU BACK ROW (l-r) Sean Flannigan, Beebe Medical Foundation and Melissa Heldreth, Nurse Manager 3Hudson



STANDING (l-r) Sue Carroll and Terry Yates, Z Club; James Lindquist (director of critical care services), Dareth Penuel (Nurse Manager 3MS/Oncology), Shelly Robinson (VAT team lead), Beth Goins (Nurse Manager 5th floor), Jen Mancuso (Nurse Manager of PCU), Melissa Heldreth (Nurse Manager 3Hudson), Teri Wilkinson (Director of Emergency Services) and Karen Sheehan. SEATED (l-r) Jill DiZio, Janet Pietrovito, Trish Del Portal-Forrestall. Kitty O'Reilley, Z Club, and Jamie Dickerson (director of patient care services)



Please Consider Recycling Your Geranium Pots

Drop Off Empty Pots By Saturday, May 30 at...

- Lewes In Bloom Warehouse, Schley Ave, Lewes
- Downtown Lewes/Cindy DeEmedio, 326 Savannah Road
- Senators Neighborhood/Dianne Stevens, 17309 Venables Rd.
- Nassau Grove Neighborhood/Rosemary Ewing, 31881 Careros Ave.

THANKS FOR A SUCCESSFUL GERANIUM SALE

2,670 Plants Sold



Communications and Public Relations

Kathy Cochran, CPR Chair & Newsletter Editor

June Newsletter Deadline

Monday, June 8

I Appreciate All the Photos You have Been Sending to Me.
This is important for documenting the history of our club and
keeping the members and community informed of what we do.



*Please remember to include names and titles of
everyone in the photo who is not a club member. KC*

Victorian Tea

Thanks again for everyone's hard work. It was a delight to work with you all. *Kathy & Vickie*

- *We are missing a few aprons...please check and see if you might have one at home.*
- *June Berube is missing the creamer that matches this sugar bowl. Have you seen it?*



Please Give Us Your Feedback

Whether you were there as a volunteer or ticket holder, or could not make it at all, we are looking for your feedback. You can send us your comments by replying to this email or emailing ZclubLewes@gmail.com



History Corner

Nancy H. Phillips, Club Historian

2008-2010

President Muriel Pfeiffer



- Muriel served a second term as club president.
- August and September fundraisers helped pay for new clubhouse drapes.
- In February 2009 the club's 104th birthday party was held.
- The club received an award for Legislation & Public Policy at the GFWC convention.
- A scholarship was presented to Casey McClure, a Cape Henlopen High School student.
- The Lewes telephone books were still being printed and distributed to Lewes residents.
- In November 2009, a donation from Bests' Ace Hardware store in Nassau, was used to purchased tulip bulbs which were planted in Lewes.



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LEWES HISTORY TABLES
AND MORE

City of Lewes
DELAWARE

5th ANNUAL JUNETEENTH CELEBRATION
MARK YOUR CALENDAR!

SATURDAY, JUNE 27, 2026 1 PM - 6 PM
GEORGE H.P. SMITH PARK
JOHNSON & DUPONT AVE.
LEWES, DE 19958

INCLEMENT WEATHER LOCATION: FREDERICK D. THOMAS MIDDLE SCHOOL, 810 SUSSEX DR, LEWES, DE 19958
A COMMUNITY-WIDE FAMILY FRIENDLY EVENT
NO ENTRY OR VENDOR FEES
DONATIONS AND SPONSORSHIPS WELCOME

INTERESTED IN BEING A VENDOR?
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FOR MORE INFORMATION CONTACT
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LAAHC@CITYOFLEWES.DE.US