



# Blood Drive

Sponsored by the GFWC Zwaanendael Women's Club  
Health and Wellness Committee

Monday, May 18

10:00 am - 2:00 pm

St. Jude the Apostle Catholic Church

Parish Life Center

152 Tulip Drive, Lewes

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## Registration

1) For appointments

Use this QR Code

or go to

[www.donate.bbd.org](http://www.donate.bbd.org)



Note: *Walk-ins accepted as schedule allows.*

2) Z Club Members, please also sign

up on TIF so you can log your hours.

## Donor Requirements

- Good health
- 17 years or older or  
16 with parental consent
- Weigh at least 110 pounds
- Symptom free for at least  
72 hours following cold or flu



Give the Gift of Life

