



Z Club News

June 2026

GFWC Zwaanendael Women's Club

A member of the General Federation of Women's Clubs



PLEASE JOIN US!

End of Year Happy Hour
and
Induction Ceremonies
of Officers and
New Members

Tuesday, June 16

4:00 pm- 6:00 pm

Senators Clubhouse

18578 J G Townsend Boulevard, Lewes

- Refreshments Served -

- You may bring your own adult beverages -

Z Club 2026-2028 Officers



Ann Marie
Ackerman
President



Kathleen
DeCataldo
Vice-President



Becky
Clark
Treasurer



Joyce
Bauchner
Recording
Secretary



Juanita
Holler
Corresponding
Secretary



June
Berube
Parliamentarian



Joyce
Skrobot
State Director to
GFWC Delaware
Executive Board

Domestic and Sexual Violence Awareness and Prevention

Chairs: Terry Yates & BetteJayne Barney

SUPPORT FOR TEENS IN FOSTER CARE

We will be filling 20 duffle bags and are seeking donations of the following items:

BLANKETS, SOCKS, PAJAMA PANTS, TOOTHPASTE, TOOTHBRUSH, WASH CLOTH, BODY WASH

You can bring donations to the June Happy Hour,
or drop off to Terry Yates, 17277 Venables Dr., Senators Neighborhood.

Bags will be delivered in September so you can drop off until then.

Joseph Balinski from the Department of Services for Children, Youth & Their Families (DSCYF) says there is an influx of teens in the summer months. Attached is his wish list of items they can always use.

HYGIENE/PERSONAL CARE

- Soap, Body Wash
- Shampoo, Conditioner
- Combs, Brushes
- Ponytail Holders, Headbands
- Balms, Lotions
- Hand Sanitizer

BEDDING

- Pillows
- Pillowcases
- Twin Sheet Sets
- Towels, Towel Sets

EXPERIENCES

Camps, Community Outing Sponsors,
Classes - karate, gymnastics, dance, music,
etc.

OUTERWEAR

- Scarves, Gloves, & Hats
- Jackets & Coats – all sizes including adult

OTHER

- Diapers, all sizes
- Wipes
- Detergent Pods

Communications and Public Relations

*Kathy Cochran, CPR Chair &
Newsletter Editor*

- Notes and Blasts will be sent out
in July and August as needed.

- Please send in information you
want distributed as you have it.



LUNCH BUNCH

*A Monthly Social Gathering
for Club Members*

No Lunch bunch In June and July

Lunch Bunch Will
Resume in August



Join the Z Club Environment Committee
on a Tour of the
University of Delaware's College
of Earth, Ocean and Environment

1044 College Drive, Lewes

Thursday, August 20

10:00 am - Noon

Please arrive by 9:45

Sign up on TIF - Limited to 25 Persons

Guests welcome!

Just sign up once for you and again for your guests.

The University of Delaware's Lewes campus hosts undergraduate and graduate courses, faculty laboratories, and state-of-the-art research facilities and vessels. Come learn about student programs, explore the campus, and meet students and discover how their research impacts our local community!

Membership

Chairs: Lisa Magnuson & Amy Jackson

Membership Report as of June 9

90 Members

89 Active Members

1 Honorary Member

3 Resignations and 2 Removals

Welcome These New Members Who Joined In May And June

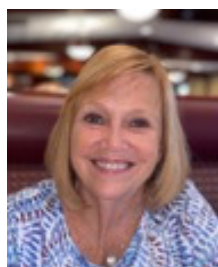
Tina Desmond

Christine Dieckhaus

Elaine Lotto

Linda McDonald

Susan Shuster



Meet New Member Christine Dieckhaus

Christine moved to the area following retirement in 2021. She tells us she was married to her high school sweetheart for over 47 years and had 3 children before God called him and her son home. She has 2 daughters, 8 grandchildren and 3 great grandchildren.

She discovered Z Club through members Kate Henkle, Terry Yates, and June Berube and from fellow Lewes in Bloom members. She was part of the LIB Dream Team and sang along with the Z ladies even before she joined. She loves to sing and wants to continue with our group.

Christine is a retired RN whose volunteer experience includes DE Hospice in Milford; being a worker bee in the gardens of Lewes in Bloom; and sewing elephant animals for Hug Buddies. She is a Member of Columbiettes, a Catholic women's organization in support of KOC, fostering spirituality, sisterhood, and service to help the needs of community and church. She is a Member of St. Jude the Apostle Church and volunteers in various ministries including cooking meals for Code Purple/Tharros Village, and Co-Chairing the Prayerful Yarn Creations group that creates blankets, shawls, hats, scarves, and baby items that are donated to various organizations.

Christine enjoys sewing, crocheting, crafting, thrifting and playing Mahjong and Pickleball. She looks forward to becoming part of Z Club, meeting new people, and having the opportunity to serve.

Please give Christine a warm welcome!

Health and Wellness

Chairs: Kitty O'Reilley & Janet Pietrovito



ANOTHER SUCCESSFUL BLOOD DRIVE

Thank you to all those who donated blood, helped set up and take down Z Club material, and volunteered to man the Z Club table. Even though there was some confusion with the timing of the blood mobile, 21 units were still donated to the Blood Bank of Delaware. Every unit counts!

A donation was made to St. Jude Catholic Church for the use of their Parish Life Center.



Join the GFWC Zwaanendael Women's Club
Health and Wellness Team on a



Walk to End Alzheimer's Saturday, September 26 Grove Park, Rehoboth Beach

At the Circle & Rehoboth Avenue/Columbia Avenue/Grove Street



8:00am

Check in/Registration
Pre-registration is encouraged

9:00am

Promise Garden Ceremony



Use this QR code to
Pre-register
or go to act.alz.org

Sign up to walk with the
"Z Club Zoomers"

Questions?

Kitty O'Reilley
kitty.oreilley@gmail.com

Z Club Members

Please also sign up on TIF
so you can log your hours

- The world's largest event to raise awareness and funds for Alzheimer's care, support & research.
- Z Club members participated last year and it was a wonderful experience.
- Participants carried colored flower representing their personal involvement with the disease.
- Different colors indicate if the walker knew someone with Alzheimer's, had a relative with Alzheimer's, or simply supports the cause.
- Z Club is donating on behalf of the group. Anyone is welcome to make individual donations.

Seared Tilapia with Spinach
and White Bean Orzo...
... perfect for a summer meal.

You can find this
tasty and healthy recipe that was
shared by Janet Pietrovito
on page 10

WE ALWAYS ACCEPT



- Used Eyeglasses



- Used Hearing Aids



- Lap Blankets for Cancer
Patients

Bring Items to General Meetings
or Contact Kitty O'Reilley



June's "Walk with Juanita"

History Corner

Nancy H. Phillips, Club Historian

2010-2012 - President Henrietta V. Belcher-Stack

- The clubhouse was inspected by a certified house inspector and although was reported to be in good shape there were some minor repairs that needed to be fixed. The club won a grant from Cape Henlopen Elks Lodge #2540 to repair the issues.
- The club won the 2nd Annual Lewes Historical Society Preservation Award.
- The club obtained a determination letter for our 501(c) 3 tax exempt status that was originally determined on December 5, 1929.
- The 58th edition of the Lewes Phone directory was published and distributed to the Lewes residents.
- Membership increased during these two years.

Editor's Note: Henrietta is still a member, and in 2025 the membership voted unanimously to award her an honorary membership.



Henrietta at a 2025 luncheon in her honor with Membership Chair Lisa Magnuson



Lily Noonan, recipient of the 2026 Maxine McWhorter-Ungerbuehler Scholarship, with members of the Z Club Education and Libraries Committee.

Health and Wellness: Delaware Dignity Project Packing Party



Dine to Donate at
Vino Del Mar



Chef Matthew Casey, May General Meeting Speaker
Culinary Arts Instructor, Del Tech Community College / Dover



Arts and Culture Sing-along Performance at The Lodge



Environment Committee:
Trails Day At Cape Henlopen State Park



Education and Libraries Committee:
Lewes Historical Society Check Presentation



Civic Engagement and Outreach: Rally for First Responders



Education and Libraries:
Lewes Public Library Donation
and Staff Lunch



*Stay tuned for details about the
July School Supply Collection
to benefit students in the
What Is Your Voice program.*

Seared Tilapia with Spinach and White Bean Orzo

Hands-on: 15 minutes | Total: 15 minutes

Serves 4 (serving size: 1¼ cups pasta mixture and 1 fillet)

Feel free to sub another fish, such as flounder or red snapper, for the tilapia in this versatile dish.

¾ cup uncooked orzo pasta	1 (5-ounce) package fresh baby spinach
4 (6-ounce) tilapia fillets	1 cup halved grape tomatoes
½ teaspoon salt	1 (15-ounce) can unsalted cannellini beans, rinsed and drained
½ teaspoon freshly ground black pepper	4 lemon wedges (optional)
1½ tablespoons olive oil	
½ teaspoon crushed red pepper	
3 garlic cloves, minced	

1. Cook the orzo according to the package directions, omitting the salt and fat.
2. While the pasta cooks, sprinkle the fish with ¼ teaspoon each of the salt and black pepper. Heat a large nonstick skillet over medium-high heat. Add 1 tablespoon of the oil to the pan; swirl to coat. Add the fish to the pan; cook 3 minutes on each side or until the desired degree of doneness. Remove the fish from the pan; keep warm.
3. Add the remaining 1½ teaspoons oil to the pan. Add the crushed red pepper and garlic; sauté 30 seconds. Add the spinach; sauté 1 minute or just until the spinach wilts. Stir in the tomatoes, beans, remaining ¼ teaspoon salt, and remaining ¼ teaspoon black pepper; cook 1 minute or just until thoroughly heated. Remove the pan from the heat. Add the pasta to the pan; toss to coat. Divide the pasta mixture among 4 plates, and top with the fish fillets. Serve with the lemon wedges, if desired.