



Blood Drive

Sponsored by the GFWC Zwaanendael Women's Club
Health and Wellness Committee

Monday, October 26

10:00 am – 3:00 pm

St. Jude the Apostle Catholic Church

Parish Life Center
152 Tulip Drive, Lewes

Registration

FOR APPOINTMENTS

Use this QR Code



or go to delmarvablood.org/drives
and use code GFWC

Walk-ins accepted as schedule allows.

Z Club Members Note: Please also
sign up on TIF so you can log your time

Donor Requirements

- Good health
- 17 years or older or 16 with parental consent
- Weigh at least 110 pounds
- Symptom free for at least 72 hours following cold or flu
- Eat well and Hydrate
- Bring photo ID



Give the Gift of Life

