



Z Club News

January 2026

GFWC Zwaanendael Women's Club

A member of the General Federation of Women's Clubs



2026 - A New Year of Service, Connection, and Community Impact

As we step into this new year, Z Club is abuzz with activity and continues to shine through meaningful acts of service, compassionate outreach, and a shared commitment to supporting those around us.

Our ongoing partnership with the CHEER CENTER offers opportunities that bring companionship, joy, and support to our local seniors. Whether through conversation, activities, or simple presence, these moments make a difference.

Our work at the Epworth Food Pantry and with Lighthouse for Broken Wings continues to be a vital lifeline for families in need. Volunteers are helping to ensure that shelves stay stocked and that those in our community receive nourishment with dignity and care.



The Health and Wellness Committee, as part of its ongoing speaker/conversation series, welcomes input from our Z Club members about recent health experiences. These gatherings offer a space for learning, reflection, and community building - an important reminder that wellness is something we cultivate together.

Two events also happening this month is "Human Trafficking Awareness - Online Exploitation" hosted by Sister2 Sister on Saturday, January 17 at The Crossing Church; and a community-wide packing party for the Delaware Dignity Project (Formerly I Support The Girls) at the Cambria Hotel in Rehoboth Beach on Monday, January 19. There has been a terrific response from our club with over 20 members already committing to attend. Details about both events can be found below.

A fresh calendar always feels like an invitation – a clean slate with a little spark of possibility! I am so glad we are stepping into 2026 together.

In Appreciation and Gratitude,

Joyce

Please
Note
Location

January General Meeting

Tuesday, January 20

1:00 pm – 3:00 pm

Margaret H. Rollins School of Nursing

424 Savannah Road

Behind Beebe Hospital

The 2026 Nursing Scholarship Will be Awarded To

Francesca Heller

This annual scholarship is awarded to a nursing student who has achieved academic excellence at completion of the fall semester during their first year. This scholarship award is in the amount of \$2,000.

Communications and Public Relations

February Newsletter Deadline

Friday, February 6

Note earlier deadline

*Kathy Cochran,
Chair & Newsletter Editor*



A Monthly Social Gathering for Club Members

Wednesday, January 29

Sunny Bay Café

236 Rehoboth Avenue, Rehoboth Beach

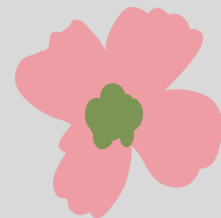
Noon

Sign up on TIF

It's All Hands on Deck
for this Major...and Majorly Fun...Fundraiser
Full details on how YOU can help at the January Meeting



2026 Victorian Tea
Thursday, April 16
1:00 pm - 3:00 pm
\$45 per person
Tickets on sale January 31



❁ **Victorian Tea Volunteer Opportunities** ❁

COOKING
Monday, 4/6
Tuesday, 4/14
Wednesday, 4/15

DAY OF TEA
Sell Raffle Tickets
Room Clean Up

GENERAL SET UP
Wednesday, 4/15

TABLE
SERVER/HOSTESS

POST TEA
Launder Tablecloths and Napkins
Wash Trays

Sign up on TIF - Questions? Contact Kathy 410-371-8892

❁ **Raffle Items** ❁

- We are collecting Mystery Gifts and Gift Cards
- You can bring items to the January meeting.
- At the meeting, Vickie will be explaining what type of baskets/items she is seeking.

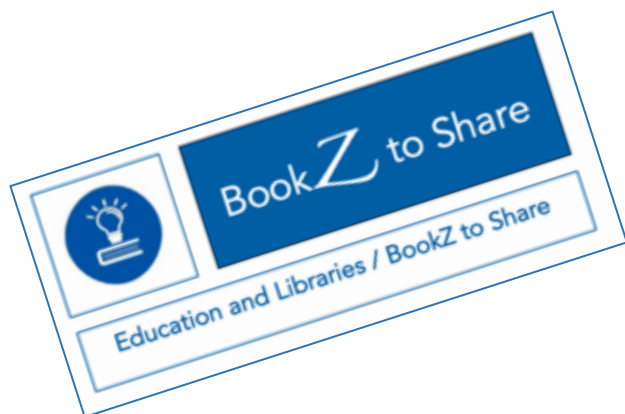
Questions? Contact Vickie at vmBurrier@gmail.com - 717-309-4739

Education and Libraries

Chair: Pam Carney & Karen Kabat

ESO 2025 READING
LISTS
DUE JANUARY 31

MENTORS STILL NEEDED FOR
CAPE HENLOPEN
SCHOOL DISTRICT



You can submit your reading list to
Muriel Pfeiffer via mail or email
muriel6177@aol.com
13 Apache Ave., Millsboro DE, 19966
or
Bring to January Meeting where they
will be collected by Pam and Karen

Contact Kim Hoey Stevenson
for more information
Mentoring@cape.k12.de.us
302-703-3522

Don't forget to bring your
BookZ to Share to general meetings
and peruse our stacks
for some winter reading.



We are now offering an opportunity to review
books you share. Forms available at the
meeting that you can complete and insert in
books before they are left.

Membership
Chair: Lisa Magnuson

Membership Report as of
January 15

89 Members

88 Active Members and 1 Honorary Member

Welcome New Members

Kate Henkel - Joined December 1
Barbara Harlin - Joined December 11

*January
Membership Anniversaries*

Celebrating Five Years
Penelope Moreland-Gunn

Celebrating One Year
Carmen Tucker



I Support the Girls is now the ***Delaware Dignity Project (DDP)*** focusing 100% of their resources on the needs in our state. Check them out at www.DelawareDignity.org or <https://www.facebook.com/delawaredignity>

DDP Packing Party, January 19 - On MLK Day, help package supplies. Sign up on TIF to record your hours. Details on flyer.

Health and Wellness

Chairs: Ann Marie Ackerman & Kitty O'Reilley

HEALTHY HABITS: Sleep Is the Most Underrated Health Habit

You don't need a new supplement. You need better sleep. Start by protecting your last 30 minutes before bed – no screens, no stress. Just calm.

"My Experience With..."

*The Health and Wellness Committee,
as part of its ongoing speaker/conversation series,
welcomes input from our Z Club members.*

Fill in the blanks: "My Experience With..." to share with our members a health issue you or a family member or friend has undergone. This is not to be invasive to your privacy. Instead, it is meant to be educational and informative so that others can benefit from your experience and suggestions.

It could be anything health-related, whether it is preventive measures, or an illness or injury that you feel other Z Club members should be aware of as it may affect them at some point as well. Examples include eye or vision care, orthopedic recovery, physical therapy or even managing health care for a family member or friend in need.

WHEN: FRIDAY, JANUARY 30, 2026

WHERE: SHOWFIELD CLUB HOUSE – 14421 Foals Way

TIME: 10:00am – 12:00pm

Sign Up on TIF

If you are interested in sharing your experience or would like to learn more about what others have experienced, please join us. Members and guests typically meet in small and intimate groups. In advance, thank you for sharing your personal experience with us.



Domestic and Sexual Violence Awareness and Prevention

Chairs: Terry Yates & BetteJayne Barney



Human Trafficking & Online Exploitation Community Awareness Event

Saturday, January 17
11:00 am – 2:00 pm

The Crossing Christian Church
15183 Coastal Highway, Milton DE

- Learn the signs of human trafficking and online exploitation and how to protect families and communities.
- Donations accepted: hygiene items, feminine products, hats & gloves, and school supplies to support survivors.
- Sponsored by Sister 2 Sister DE, in partnership with Survivor Ventures & Zoe Ministries

WIYV NEEDS GROCERY BAGS

*We are collecting
paper and cloth
grocery bags for
What Is Your Voice.*

*You can bring to
January meeting
or contact
Terry Yates.*

GFWC PHOTO AND WRITING/POETRY CONTESTS

- GFWC Photo and Writing Contests cover work that was created between January 1 and December 31, 2025.
- Contest details can also be found in the GFWC Manual - Photography Contest, page 222/223, and Writing Contest page 228/229.
- You can access the GFWC Manual in the Members Area of the Z Club Website.
- Entries should be submitted to Joyce Skrobot by February 12.

Questions? Contact

Sharon Stein

GFWC Delaware Writing Contest Chairperson

drsstein@comcast.net

301-980-8738 Cell/Text



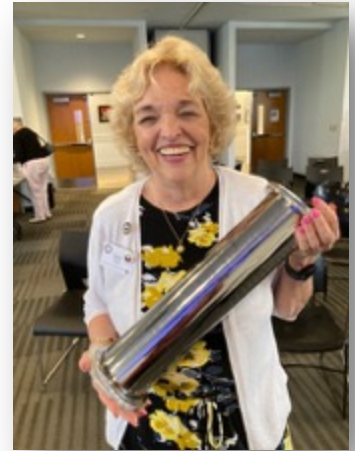
Preserving Our Legacy A Time Capsule Project

The GFWC Zwaanendael Women's Club is taking a meaningful step toward preserving its history, achievements, and history by creating a time capsule that will be buried and uncovered in the year of our 125th anniversary. This project is not about storing objects - it's about capturing the energy, dedication, and community that define our club history so future members can look and see how far our organization has come.

What's Going Inside?

What goes inside is up to YOU. The time capsule should reflect the club's identity, accomplishments, and memories from this year forward until our 125th anniversary. Here are some thoughts about the treasures to be included:

- Photos of board members that have helped shape the club's direction, representing the teamwork and commitment behind every initiative.
- Photos from service projects and social gatherings, that showcase the heart of Z Club and its members in action.
- Flyers that highlight the creativity and outreach efforts that helped grow the club and spread its mission.
- Meeting minutes that record decisions, discussions, and plans that guided the club's progress throughout the years.



Why a time Capsule?

This project serves as a bridge between today's members and the GFWC Zwaanendael Women's Club of the future. When the capsule is opened in five years, new leaders and members will gain a firsthand look at the club's evolution, and celebrate growth, traditions, and spark inspiration for the years ahead.

Our Gift to the Future

The time capsule is more than a container - it's a message of hope, pride, and continuity. By preserving these memories, Z Club ensures that our story lives on, reminding future members of the passion and purpose that built the foundation they stand on. When we unearth the capsule, the Z Club community will have the opportunity to rediscover the memories and appreciate the journey we traveled.

If you have additional thoughts, ideas, messages etc. that you think should be included, do not hesitate to reach out to Z Club historian Nancy Phillips. Let's make sure the future of Z Club has a window into the incredible work happening today and in the future.

Joyce

Arts and Culture

Chairs: Deb Cebula & Connie Rivette



REHOBOTH BEACH
FILM SOCIETY

Please Join the Arts and Culture Committee for
the Reel Art Appreciation Film Series

Caravaggio

Wednesday, February 11 @ 1:00 pm

Cinema Arts Theater

17701 Dartmouth Drive, Lewes

Tickets \$15 / Members \$12

1) PURCHASE TICKETS at RehobothFilm.com.

To attend with the group, please reserve by Friday, January 23

2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on

Track It Forward or emailing DCebula57@gmail.com, by Friday, January 23



Five years in production, this is the most extensive film ever made about one of the greatest artists of all time – Caravaggio. Featuring masterpiece after masterpiece and with first-hand testimony from the artist himself on the eve of his mysterious disappearance, this beautiful new film reveals Caravaggio as never before. For more info go to RehobothFilm.com Join us for a post-film Q & A with Jamie Moore, Rehoboth Art League.

Join the
GFWC Zwaanendael Women's Club
in celebrating

International Women's Day

Sunday, March 8

WAYS TO PARTICIPATE



DINE TO DONATE



RIDE TO DONATE

DRAFT FLYER

YOU CAN ALSO DONATE VIA ZELLE
at ZclubLewes@gmail.com

SOME OF THE WOMEN'S ORGANIZATIONS THAT Z CLUB SUPPORTS:
Delaware Dignity Project (Formerly I Support The Girls)
What Is Your Voice Peoples Place SAFE Program

 gfwcZwaanendael.org

Coming
In
March



"Sending Stockings Filled With Joy to Our Soldiers In Harm's Way."



Thank You!

Dear Stocking For Soldiers Friends,

Hello. All the Elves and volunteers at **Stockings For Soldiers** are so excited to tell you that we had a fabulous and successful 22nd year of our fun, humanitarian community project. We want to **THANK YOU** so much for helping to make sure that our deployed Servicemen and women could enjoy a small "touch of home" by receiving our Stockings.

We were able to send over 8,600 stockings and over 1,020 boxes filled with Hugs, Smiles and Goodies for our deployed members of the Military who are based all over the world, including on the Southern U.S. border. We sent over 31,000 lbs. of Goodies to over 127 different groups located in 43 different zip codes. We sent our love and support to our troops as a reminder that America deeply appreciates our Servicemen and women. We made sure they would not feel forgotten over the holiday season and **THANKS to you all**, we were able to do that.

We had so many great people working with us. We sincerely send you all a huge **THANK YOU** to everyone who came over to assist or who sent donations through the mail or who ordered Goodies through our Amazon Wish List. Your generosity was inspiring and so gratifying to see. We're sending you many Hugs, our gratitude and our

THANKS.  We had such a fabulous time meeting you all and seeing your kind hearts, your great senses of humor. Thank you for sharing your time with us.  We hope to see you all in October 2026 for our 23rd year of Stockings For Soldiers.

In the next few weeks, please visit our website to see our official **Thank You** for all of you who made our 22nd year so special.