



Z Club News

February 2026

GFWC Zwaanendael Women's Club

A member of the General Federation of Women's Clubs



Presidents Message ~

Service, Cultural Enrichment, and Community Impact

February promises to be another busy and rewarding month for Z Club members. Our annual Winter Food Drive continues throughout the month as does our Food Sorting activities at Epworth Food Pantry. These two activities demonstrate how we work together to support our neighbors in need. THANK YOU to everyone who continues to donate time and food items to make these efforts so successful.

Our Committees are meeting regularly and are actively engaged in executing their planned activities. Many thanks to the Arts and Culture committee for providing cultural and educational enrichment through the Reel Art Appreciation series at the Cinema Art Theater. These documentaries offer a wonderful creative dimension to our club experience. The series continues monthly through June.

Our support for the Delaware Dignity Project (formerly I Support the Girls) continues with monthly packing parties held at Senators Clubhouse with the next one on February 18. These gatherings provide a meaningful way to give back and the opportunity to connect with fellow members. Get details and sign up on TIF.

Meanwhile, the Fundraising and Development Committee is hard at work soliciting sponsors and donations for our annual celebration of International Women's Day on March 8. That day already includes a Dine and Donate event at Bethany Blues and a Ride to Donate event at Sea Barre Fitness. If you know of a business or individual that might want to support this endeavor, please contact Jill DiZio.

Lastly, Tickets are now on sale for the April 16 Victorian Tea... they usually go quickly. And there are still some volunteer opportunities available. It is All Hands on Deck for this major fundraiser.

THANK YOU as always for your continued dedication, generosity and enthusiasm. We are making a difference every day in the work that we do!

Warm Regards,

Joyce



February General Meeting
Tuesday, February 17
1:00 pm – 3:00 pm
Lewes Public Library
111 Adams Avenue

Guest Speaker
Amy Marasco
Mayor, City of Lewes

2026 Winter Food Drive

Benefiting

Epworth Food Pantry

at Epworth United Methodist Church, Rehoboth Beach

Collecting February 1 - February 28

Requested Items

FOOD: Spam, Canned
Chicken, Pancake Mix,
Pancake Syrup, Canned Fruit,
Potatoes in pouches or boxes,
Pasta Sauce in plastic bottles,
Salad Dressing, Mayo,
Mustard, Catsup, Peanut
Butter, Jams and Jellies

PERSONAL CARE: Deodorant,
Toothpaste, Full-size
Containers of Shampoo,
Conditioner
and Body Lotion

You can also
ZELLE a donation to us at
zclublewes@gmail.com

- 100% of donations will be used to purchase food.
- Please show "FOOD" in memo area

Donate At

February General Meeting
February 17

Covey Creek - Joyce Skrobot
122 E. Quail Trail, Lewes

Senators Neighborhood
Box in Clubhouse Coatroom

Red Mill Pond - June Berube
18700 Golden Sunrise Place, Lewes

Nassau Grove - Lynn Barberi
31948 Carneros Ave., Lewes

Lloyd's Market
611 Savannah Road, Lewes

Rise Fitness + Adventure
35770 Airport Rd., Rehoboth Beach



gfwcZwaanendael.org

Volunteers Still Needed for This Major Fundraiser
Sign up on TIF or contact Kathy Cochran for details
kathyjocochran@comcast.net - 410-371-8892

Table Servers / Hostesses

Note: Table settings and server help
can be provided

Clean Up

3:00 pm – 4:00 pm

Cooking

Assist With Food Prep at Kathy Cochran's House

April 6 – 9:30 am – 12:30 pm

April 6 - 12:30 pm – 2:30 pm

April 14 - 9:30 am – 12:30 pm

April 14 – 12:30 pm – 3:30 pm

April 15 - 9:30 am – 12:30 pm

Tickets Go
Quickly

The GFWC Zwaanendael Women's Club
invites you to our annual

Victorian Tea

Thursday, April 16

1:00 pm - 3:00 pm

Doors open at 12:15 pm

Lutheran Church of Our Savior
20276 Bay Vista Road, Rehoboth Beach



\$45

Per Person



Tables Seat

8 Persons



Wear Your
Prettiest Hat
or Fascinator

🌿 Tea, Scones, Tea Sandwiches, and Sweets

🌿 Basket Raffles, 50/50, Mystery Gifts,
and Gift Card Tree Raffle

🌿 Speaker 🌿 Live Music



To order your seats go to gfwcZwaanendael.org



A Monthly Social Gathering for Club Members

Wednesday, February 18

Baywood Clubhouse

32267 Clubhouse Way, Long Neck

302-947-9225

Note Later
Start Time

12:30 pm

Sign up on TIF

Wednesday's is 25% off Day

**Communications
and Public Relations**

March Newsletter Deadline

Monday, March 9



*Kathy Cochran,
Chair & Newsletter Editor*

Membership

Chair: Lisa Magnuson

**Membership Report as of
February 9**

89 Members

88 Active Members and 1 Honorary Member

*February
Membership Anniversaries*

Celebrating Five Years

Kim Ash

Celebrating One Year

Joan Reeder

Barbara Pizzo

Carmen Tucker



Trish Del Portal-Forrestall was presented with the first Z Club Rising Star Award for volunteering 300 hours in her first year of membership.

The Award was presented by membership chair Lisa Magnuson at the January General Meeting.

Arts and Culture

Chairs: Deb Cebula & Connie Rivette



Please Join the Arts and Culture Committee for
the Reel Art Appreciation Film Series

Painting the Soul of the 20th Century:

Pellizza Da Volpedo

Wednesday, March 11 @ 1:00 pm

Cinema Arts Theater

17701 Dartmouth Drive, Lewes

Tickets \$15 / Members \$12

- 1) PURCHASE TICKETS at RehobothFilm.com.
To attend with the group, please reserve by Friday, February 20
- 2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on
Track It Forward or emailing DCebula57@gmail.com, by Friday, February 20



Tells the story of the tormented life of divisionist painter Giuseppe Pellizza (1868-1907), famous for his work *The Fourth Estate* – shown to the public for the first time at the 1902 Turin Quadriennale and housed today at the Galleria d'Arte Moderna (Modern Art Gallery) in Milan – as well as for his ability to study the soul and human society.

For more info go to RehobothFilm.com

Join us for a post-film Q & A with Jamie Moore, Rehoboth Art League.



Please Join the Arts and Culture Committee for
the Reel Art Appreciation Film Series

Turner & Constable

Wednesday, April 8 @ 3:30 pm

Cinema Arts Theater

17701 Dartmouth Drive, Lewes

Tickets \$15 / Members \$12

- 1) PURCHASE TICKETS at RehobothFilm.com.
To attend with the group, please reserve by Friday, March 20
- 2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on
Track It Forward or emailing DCebula57@gmail.com, by Friday, March 20



Turner's blazing sunsets and sublime scenes from his travels and Constable's idealized depictions of beloved places from home whipped the public of the time into a frenzy of enthusiasm. Constable represents the very best of the old school of realism and pastoral nostalgia. Turner, an exciting new way of depicting emotion and dreamlike impressions.

Critics compared their starkly different styles to a clash of fire and water. Don't miss this opportunity to see these greats side-by-side, as they so often were in life, on the big screen for the first time. For more info go to RehobothFilm.com

Join us for a post-film Q & A with Jamie Moore, Rehoboth Art League.

Seeking Supplies for a Collage Workshop at Harbour Lights Cheer Center

If you have any of these items
you wish to donate,
you can bring them to the
February general meeting
or contact Connie Rivette.

- MISCELLANEOUS ITEMS FOR OUTLINING / EMBELLISHMENT

Buttons, Pom Poms, Sequins, Ribbons, Yarn, etc.

- GREETING CARDS

- WRAPPING PAPER: All colors but especially blues and greens

- TISSUE PAPER: All colors but especially blues and greens

- CALENDARS: Especially ones containing pics of sky and water

- CATALOGS: Especially travel catalogs or water/beach theme pictures

- MAGAZINES: Especially beach life or water/beach theme pictures

- THIN CARDBOARD: Like found in clothing boxes and at the back of 8.5 x 11 paper pads and any other 8.5 x 11 (or larger) thinner cardboard sheets

- CARDBOARD BOX INSERTS AND THINNER FLAPS ON AMAZON SHIPPING BOXES

Communications and Public Relations - Track It Forward (TIF)
TIF Manager: Joyce Bauchner

We have recently received some questions about Gifts In Kind (GIK.)
Complete information below.
As always, feel free to contact me if you need further clarification. Joyce B.

WHAT IS A GIFT IN KIND (GIK)?

A GIFT IN KIND is a “THING ” THAT YOU HAVE DONATED

ITEMS PURCHASED FOR A DRIVE OR FOR CLUB USE

e.g. food, personal care products. pet supplies, items for a raffle basket,
or supplies for an event, project and club operations

SOMETHING NEW YOU HAVE DONATED FROM YOUR HOME

e.g. a mystery gift, bottle of wine, etc.

SOMETHING GENTLY USED YOU HAVE DONATED FROM YOUR HOME

Such as blankets or coats for the recent collections

Posting a Gift In Kind (GIK) to TIF

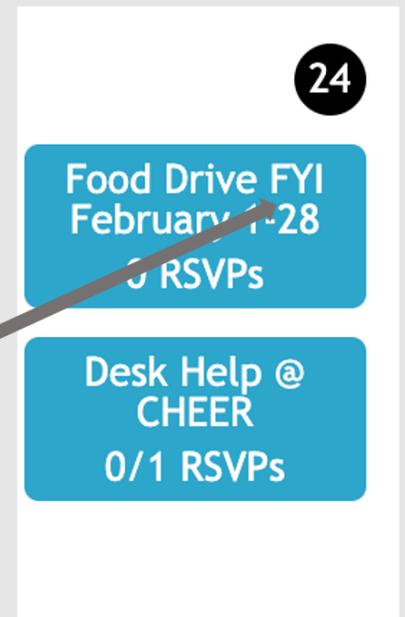
- Record time spent shopping for and delivering items
- The system will not allow recording a GIK amount without recording time.
- You must record at least 1/2 hour of time

THIS INFORMATION,
ALONG WITH ALL TIF INSTRUCTIONS,
ARE LOCATED IN THE MEMBERS AREA

Please Read This New Information About Creating Events on TIF
This info will be discussed at the February Meeting

Adding Drives and Collection to TIF

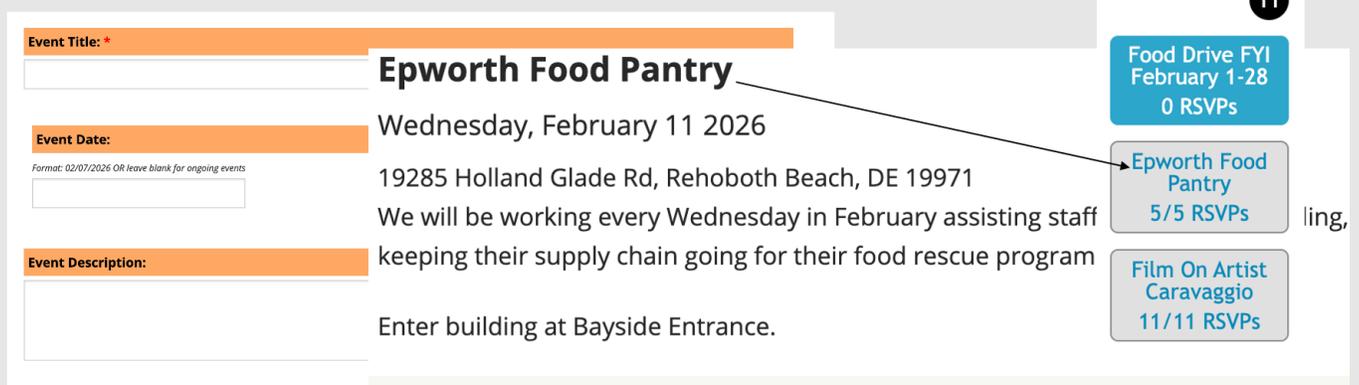
- We have begun adding drive and collection information to TIF.
- This serves as just a reminder
- When entering these reminder items, please add FYI to your title



A screenshot of a calendar interface showing two event cards. The top card is titled 'Food Drive FYI February 1-28' with '0 RSVPs' and a circled number '24' in the top right corner. The bottom card is titled 'Desk Help @ CHEER' with '0/1 RSVPs'. A grey arrow points from the text 'please add FYI to your title' to the 'FYI' part of the first event title.

CREATING EVENTS ON TIF

With the TIF Calendar becoming busy...that's a good thing... we would like members to be more concise with the title of the event which is what shows on the main calendar.



A screenshot of the TIF event creation form. The 'Event Title' field contains 'Epworth Food Pantry'. The 'Event Date' is 'Wednesday, February 11 2026'. The 'Event Description' field contains '19285 Holland Glade Rd, Rehoboth Beach, DE 19971 We will be working every Wednesday in February assisting staff keeping their supply chain going for their food rescue program Enter building at Bayside Entrance.' To the right, a calendar view shows three event cards: 'Food Drive FYI February 1-28 0 RSVPs', 'Epworth Food Pantry 5/5 RSVPs', and 'Film On Artist Caravaggio 11/11 RSVPs'. A circled number '11' is in the top right corner. A grey arrow points from the text 'which is what shows on the main calendar' to the 'Epworth Food Pantry' event card.

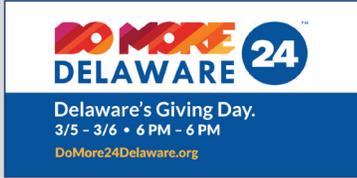
Please Use the “Event Description” Area for Details

General Fundraising and Development

Chair: Jill DiZio



Support the GFWC Zwaanendael Women's Club
and its mission to expand and increase our
Educational and Nursing Scholarships.



domore24delaware.org/fundraisers/zclub

Fund the Future

Through our Education and Libraries Program two annual scholarships are awarded. One to a Cape Henlopen High School graduate for attendance at a college or vocational technical school, and one to a student attending the Margaret H. Rollins School of Nursing at Beebe Hospital. Our goal is to increase the scholarship amounts to reflect the ongoing cost of a higher education.



Fondly known as Z Club, we are a Lewes based non-profit
whose members are Public Spirited Women serving and improving our community since 1905.

gfwcZwaanendael.org



Join the
GFWC Zwaanendael Women's Club
in celebrating

International Women's Day Sunday, March 8

WAYS YOU CAN PARTICIPATE



DINE TO DONATE
BETHANY BLUES, 18385 Coastal Hgwy., Lewes
10:00 am - 8:00 pm
Includes Brunch Buffet, 10:00 am - 2:30 pm
10% of Sales Donated



WORKOUT TO DONATE
Signature Barre 45 Low Impact Workout
9:30 am - 10:15 am
34410 Tenley Court, Lewes
Free to Register - Register at seabarrefitness.com



YOU CAN ALSO DONATE VIA ZELLE
at ZclubLewes@gmail.com

SOME OF THE WOMEN'S ORGANIZATIONS THAT Z CLUB SUPPORTS.

Delaware Dignity Project (Formerly I Support The Girls)

What Is Your Voice  Peoples Place SAFE Program



gfwcZwaanendael.org



Save the Date to Dine & Donate at



~
Saturday
May 2
~

Vino Del Mar is a wine-forward restaurant and bar built around community, connection, and the joy of shared moments. Their menu features seasonal small plates, artisanal boards, flatbreads, main plates, salads and desserts, paired with a thoughtful wine list, craft beers, signature cocktails, and zero-proof creations.

1201 Savannah Road, Lewes - Vino-Del-Mar.com

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Please
share this
information with
your friends and
neighbors.

Thank You!



BookZ to Share

Education and Libraries / BookZ to Share

Chair: Denise Burke

Did You Know?

Reading a novel is not only enjoyable, but researchers have also reported that reading fiction offers cognitive benefits like improved reasoning, abstract thinking and problem-solving. In addition, it also increases social aptitude, like empathy and the ability to relate to the emotions of others. Reading creates a consistent positive relationship between the amount of fiction read over a lifetime and these enhanced skills.

- **PICK UP A GOOD READ:** Be sure to stop by the BookZ to Share table at monthly meetings and pick up a good read.
- **BOOK DONATIONS:** Your book donations are always welcome.
- **REVIEW BOOKS BEFORE DONATING:** We are now offering an opportunity to review books you share. Forms available at the meeting that you can complete and insert in books before they are donated. Form below can also be printed or downloaded from members area forms section.

BookZ to Share

Loved the book you read? Would not recommend it?
Let your fellow readers know!

Book Review

Place your review in the book(s) you are sharing.

Title			
Author			
Genre e.g. Fiction, Historical Fiction, Non Fiction, History, Romance		Rating 1-5 With 5 being best	
Comments What you liked best or why you disliked the book			

Health and Wellness

Chairs: Ann Marie Ackerman & Kitty O'Reilley

HEALTHY HABITS: Make Time to Read Every Day

Not only is reading an act of self-care, but it can help improve long-term neurological function. It doesn't matter if you're a fiction junkie, you love to read memoirs or you want to disappear in a good old-fashioned romance novel. Your body and mind will thank you for it.

Don't forget, you can always choose something from our Bookz to Share table at monthly meetings.

Mark Your Calendar

Details to Follow

Blood Drive: Monday, May 18, 10:00 a.m. – 2:00 p.m.

St. Jude's Catholic Church Parish Life Center, 152 Tulip Drive, Lewes

Z Club Walks: We will start up again in the spring.

Thank you, Juanita Holler, for being our fearless leader

Share Your Love Campaign - Walk to End Alzheimer's

Saturday, September 26.

Review of Our "Organ Recital"

Fourteen Z Club members attended our "Organ Recital" held on January 30 at the Showfield Club House. No, it was not a musical event, but it was an enthusiastic group who were more than willing to share their medical experiences. We covered everything from a new kind of shoulder surgery to retinal surgery to signs that you might want to talk about to your doctor. We also discussed hip replacement surgery which included a "show and tell" with the latest gadgets to help with recovery.

We touched on periodontal disease and how important regular dental checkups are for overall health and why does the dentist measure gum spacing. Everyone agreed that it was an interesting and informative discussion and would like to have another later in the year. Thank you to Denise Burke for arranging for us to have the discussion at the Showfield Club House.



We Always Accept Used Eyeglasses and Hearing Aids.

Bring Items to General Meetings or Contact Kitty or Anne Marie.



History Corner

Nancy H. Phillips, Club Historian

2002-2004

President Mrs. Rosalind S. O'Connor

On October 12, 2002, the bronze Delaware History Marker commemorating the clubhouse's listing on the National and Delaware Registers of Historic Landmarks was installed at the clubhouse on Third Street and Savannah.

Club members collected new Lewes telephone numbers and edited last year's numbers for the free telephone directory. The directory is given out to all the Lewes residents.

The club sponsored several free lectures to the public including *The Life of a Delaware Revolutionary Soldier*.

There were 33 members in the club during this term. They volunteered 10,843 hours in the community.



Education and Libraries

Chairs: Pam Carney & Karen Kabat



Nursing Scholarship presentation to Francesca Heller at Margaret H. Rollins School of Nursing
(l-r) Karen Kabat, Education and Libraries Co-Chair, Trish Del Portal-Forrestall, Marilyn Carpenter, Kim Ash, Elaine Kessler, Francesca Heller, Recipient, Tracy Bell, Nursing School Program Coordinator, Jill DiZio, Joyce Skrobot, Z Club President, Pam Carney, Education and Libraries Co-Chair, Margaret Mulvaney, Lois Secheyay, and Kathy Shea.



Domestic and Sexual Violence Awareness and Prevention

Chairs: Terry Yates & BetteJayne Barney



THANK YOU!

Members really stepped up for this last minute request, and Mary Yonych picked up donations all over town.

A total of 24 blankets and 6 fleece lap blankets were collected for What Is Your Voice.

Lois Secheyay (left) and Mary Anne Rocks (right)

Lewes Fire Department Auxiliary Fundraiser



Welcome Spring with a carrot
that every Bunny will love!



Love
every bunny?



Which came first, the egg
or the chick? You decide!



Muffins & Mimosas Paint Party to benefit the
Lewes Fire Dept. Auxiliary
Saturday, February 21 at 10:00 am
Station 2 - Janice Road
\$50 pp*

Click on the link below for more information & to register
*Includes all materials & instruction, mimosas & muffins.

Register at this Link - <https://forms.gle/SQBRa4XrFsk66xFSA>