



Newsletter, November 2025

GFWC Zwaanendael Women's Club

www.gfwczwaanendael.org zclublewes@gmail.com

A member of the General Federation of Women's Clubs



President's Message for November

It has been a busy fall indeed with committee meetings, food sorting at Epworth and What is Your Voice food pantries, I Support the Girls packing parties, a proclamation from the City of Lewes, a blood drive, Pumkin Carving and Halloween, and more. Whether you have volunteered your time, contributed items, or offered ideas and encouragement, you've played an important role in our club's success.

Our annual Holiday Bake Sale and Market is right around the corner on December 6, and I know this major event will be another wonderful opportunity to showcase our creativity, raise funds, and connect with our community. Thank you to everyone who is baking, making a basket, donating gift cards, selling raffle tickets, or contributing in other ways. Your efforts make this event possible.

As Thanksgiving approaches and we enter this season of gratitude, I want to reflect on all that our club has accomplished and to express my heartfelt thanks for your leadership, hard work, dedication and commitment to volunteering. The GFWC Zwaanendael Women's Club truly embodies the spirit of service to our community. I am truly grateful to serve alongside such dedicated and caring women.

May we each take time to appreciate the friendships built through GFWC and Z Club, and all the people and moments that make a difference in our lives.


Wishing you all a joyful Thanksgiving season filled with warmth, laughter, and peace.

With Appreciation and Gratitude,

Joyce



**If you have not gotten your
tickets for the Holiday Gift Card Tree Raffle
you can pick them up at the
November Meeting.
or contact Kathy Cochran
kathyjocochran@comcast.net**




GFWC Zwaanendael Women's Club

GIFT CARD TREE RAFFLE

\$10 EACH / 3 FOR \$20

Drawing on **Saturday, December 6th**
at the Z Club Holiday Market Raffle and Bake Sale
Lewes Historical Society Campus, W Third & Shipcarpenter Streets

Total Value of Cards \$500
NEED NOT BE PRESENT TO WIN
gfwczwaanendael.org



**We are asking each member
to sell 3 tickets.**

November General Meeting

Tuesday, November 18

1:00 pm – 3:00 pm

Lewes Public Library

Speaker

Bryan Kolmansberger
Delaware Solid Waste Authority

Saturday, December 6 – Holiday Raffle and Bake Sale – *Mark Your Calendars, Details Below*

Wednesday, December 10 – Holiday Luncheon at The Peninsula on the Indian River Bay.
Sign up by December 1, Details Below

Wednesday, November 19 - Lunch Bunch, Sunny Bay Café, Noon
236 Rehoboth Avenue, Rehoboth Beach. Sign up on TIF

November Collection for Epworth Food Pantry

* Rice *

* Rice side dish Packets e.g. Ready Rice *

* Potato Side Dish Packets *

* Canned Fruit *

* Canned Corn *

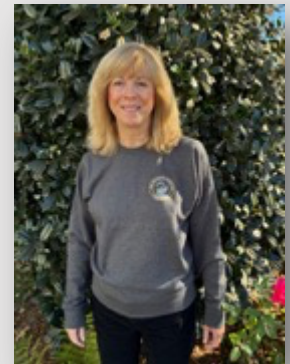
* Canned Chili *

*Donations Can Be Brought to the November General Meeting
or given to Deb Cebula and Cindy DeEmedio*

Z Club Merch - Showing pride in your membership
Kathleen DeCataldo

November Merch Group Order

- Check your email for order form and details sent on Thursday November 13.
- New Items being offered: Long Sleeve Tee, Fleece Vest, Denim Shirt, and Crewneck Sweatshirt (shown here.)
- Samples available to view at the 11/18 General Meeting



It's Time to Form a Nominating Committee!

The Nominating Committee plays a vital role in shaping the future leadership of the GFWC Zwaanendael Women's Club by preparing a slate of officers for the 2026-2028 club year that begins on June 1, 2026

The Nominating Committee is responsible for identifying qualified, enthusiastic candidates for the Executive Board. The goal is to ensure that our club continues to grow and thrive under dedicated and committed leadership. The Nominating Committee shall consist of three members appointed by the Club President and approved by the Executive Board. Members should be in good standing and not be elected officers. The Committee will begin its work in January 2026. The Nominating Committee shall present a full slate of officers to the membership in April 2026.

If you are interested in serving on the Nominating Committee or would like to suggest a member who would be a great fit for this committee, please email Joyce Skrobot, President by December 3, 2025. This is a wonderful opportunity to guide the future direction of our club!

Please consider serving and let's continue to build a strong, inspired leadership team for the year ahead!

Joyce
joyceskrobot@gmail.com

December Holiday Luncheon
Deadline to Sign Up is December 1



**2025
Holiday
Luncheon**

Z Club

Wednesday, December 10

The Peninsula on the Indian River Bay

32981 Peninsula Esplanade, Millsboro

11:30 am – 2:30 pm

BUFFET LUNCH: Vegetable Soup; Farmers Garden Salad with balsamic dressing; Whipped Potatoes; Garlic Green Beans; Traditional Baked Ziti; Spinach & Artichoke Topped Chicken; Citrus Herb & Basil Baked Cod; House-made Cookies & Brownies; Coffee, Tea, Iced tea.

\$40

- Includes Gratuity
- Cash Bar Available

 **Live Music**

**Questions
Contact Lisa**

18magli@gmail.com

302-494-7013 * 302-291-2722

**SIGN UP on TIF
and Submit
Payment**

1) Sign up on Track It Forward
2) Make payment at the November meeting or
mail to Lisa Magnuson, 35457 Peregrine Road, Lewes,
19958. **MAKE CHECK PAYABLE to "Z Club"**
Payment due no later than December 1

The GFWC Zwaanendael Women's Club presents their annual

Holiday Market Raffle & Bake Sale

Saturday, December 6

9:00 am - 4:00 pm

Lewes Historical Society Campus
110 Shipcarpenter Street, Lewes

Need not
be present
to win

Winners
drawn
at 3:00 pm



Bake Sale



50/50 Raffle



Mystery Gifts



Basket Raffles

We will also be open on

Friday, December 5, 5:00 pm - 8:00 pm

during Lewes Historical Society's First Friday at the Pub.

GIFT CARD TREE RAFFLE

Total Value of Cards \$500 +

TICKETS

\$10 each / 3 for \$20

ADVANCE TICKET SALES
Email us at
ZClubLewes@gmail.com



Public Spirited Women Serving and Improving our Community * gfwcZwaanendael.org

Mentoring Opportunities

At a spring general meeting Kim Hoey Stevenson spoke to members about the Cape Henlopen School District's mentoring program. At that time names of interested members were collected.

Anyone interested or needing more information can contact let Joyce Skrobot know or contact Kim directly. Mentoring@cape.k12.de.us or 302-703- 3522



Anyone interested in being a Reading Volunteer working with Lewes Elementary School kindergarteners should contact Ellen Uszenski
Ellen.uszenski@cape.12.de.us

Pam will tell us more about this program at Tuesday's meeting

Nursing School Tour Offered

Beginning at 12:10 pm, prior to the start of the January 20 general meeting at the Margaret H. Rollins School of Nursing at Beebe Hospital

As you may know, our January General Metting is traditionally held at the Margaret H. Rollins School of Nursing. At that time our annual Nursing Scholarship is presented.

If anyone thinks they may be interested in attending a tour of the nursing school prior to the start of the January meeting, please let me know so I can get a general idea of how many members might attend.

Pam Carney
pamelacarney@verizon.net

Environment

Chairs: Deb Cebula & Cindy DeEmedio

Help Provide Important Data About Our Oceans

What do you do when you go to the beach? Do you always pick up a bit of trash? Ocean Conservancy would like you to report that trash to the largest citizen-science effort to document ocean trash the world over.

- In the App store, download **Clean Swell**.
- Use it anytime you pick up trash in your local neighborhood, park or along any waterway, not just during International Coastal Cleanup.
- The app helps you to categorize and tally the types of debris you find.
- Clean Swell data instantly uploads to Ocean Conservancy's global Ocean Trash Index
- The Trash Index is the largest database of its kind to help scientists and others working on ocean plastic-reduction solutions.
- Researchers, scientists, lawmakers and government leaders have long depended on this data in making decisions on policy and action regarding the ocean.
- Users earn badges for reaching cleanup milestones.

For more information about
Ocean Conservancy
go to www.oceanconservancy.org



Information from *The
Splash*, Winter 2025, the
Ocean Conservancy newsletter.



October Lunch Bunch

(Clockwise from left) Jill DiZio, Pam
Carney, Eileen Spangler, Lynn
Barberi, Theresa DeTemple, Kim Ash,
Ann Marie Ackerman, Dianne
Stevens, and Juanita Holler



BookZ to Share

Education and Libraries / BookZ to Share

NOVEMBER IS NATIONAL FAMILY LITERACY MONTH

Started in 1994, the National Family Literacy celebration seeks to spread awareness and foster family literacy by encouraging us to read to the children in our lives!

Perhaps you have some books for younger readers that you would like to share this month at the BookZ to Share table or pick up a book to read to someone special!

Remember, you do not need to bring any books to participate! Feel free browse the table and take whatever you would like to read.

“I do believe something very magical can happen when you read a good book.” -J.K. Rowling

Why National Family Literacy Month Is Important

A. Reading is good for the children

When you read to your children during the early years, they are more likely to become good readers in adulthood. When the children see the adults in the house reading, it inspires them to read as well.

B. Reading reduces stress

A study conducted by the University of Sussex found that reading for just six minutes can reduce stress levels by up to 68%. Books can be the perfect tool to escape from everyday worries and stress. Nothing can be more relaxing than losing oneself in a book.

C. People who read are more empathetic

Books open up a whole new world to us. Reading about people coming from different parts of the world and living in different circumstances can make you understand people better. You will begin to find it easier to relate with people who are different from you.

Membership
Chair: Lisa Magnuson

Membership Report as of November 12

87 Members

86 Active Members and 1 Honorary Member

Activity for period 10/13 – 11/12

1 New Member

*November Membership Anniversaries
- Celebrating One Year –*

Becky Clark

Alice Dufresne

Elaine Kessler

Welcome New Members

Carol Ryan - Joined September 21

Meet Carol Ryan



Please give a warm welcome to our newest member Carol! She relocated to Long Neck in November 2024 after Hurricane Helene destroyed her home in Florida. Originally from the Baltimore area, Carol is a retired music teacher and plays the piano and guitar.

She has 6 grown sons that are living all over the US, so when she is not in Long Neck she might be spending time with one of them.

Carol became acquainted with GFWC because her best friend is a member of a Maryland GFWC club.

Health and Wellness

Chairs: Ann Marie Ackerman & Kitty O'Reilley

HEALTHY HABITS: Hydration Isn't Sexy, But It's a Game-Changer

If you're feeling foggy, cranky, or need a snack... ask yourself when you last had water. Not coffee. Not tea. Just water. Your brain and body are quietly begging for it.

"My Experience With..."

*The Health and Wellness Committee,
as part of its ongoing speaker/conversation series,
welcomes input from our Z Club members.*

Fill in the blanks: "My Experience With..." to share with our members a health issue you or a family member or friend has undergone. This is not to be invasive to your privacy. Instead, it is meant to be educational and informative so that others can benefit from your experience and suggestions.

It could be anything health-related, whether it is preventive measures, or an illness or injury that you feel other Z Club members should be aware of as it may affect them at some point as well. Examples include eye or vision care, orthopedic recovery, physical therapy or even managing health care for a family member or friend in need.

If you are interested in sharing your experience, please contact Kitty O'Reilley (kitty.oreilley@gmail.com) or Ann Marie Ackerman (amacker56@gmail.com) with your suggestion. The Health and Wellness Committee can then organize one of its presentations, which are open to all members and a guest, and are typically small and intimate.

In advance, thank you for sharing your personal experience with us.



OCTOBER 22 BLOOD DRIVE

We asked for your blood, and you gave it to us! The Blood Bank of Delmarva reported that they collected 50 UNITS of blood on October 22. We put posters up around town, advertised in the Cape Gazette and asked neighbors to participate. Ralph Groves with the Blood Bank was very impressed and would love for us to do it again. St. Jude's church was wonderful to work with and provided tables and chairs in their Parish Life Center. Thank you to everyone that helped make this a great success!



History Corner

Nancy H. Phillips, Club Historian

2002-2004, President Rosalind O'Connor

A major event for the club in 2002 was the installation of the bronze Delaware History Marker in front of the clubhouse. This marker commemorated the clubhouse's listing on the National and Delaware Registers of National Landmarks.

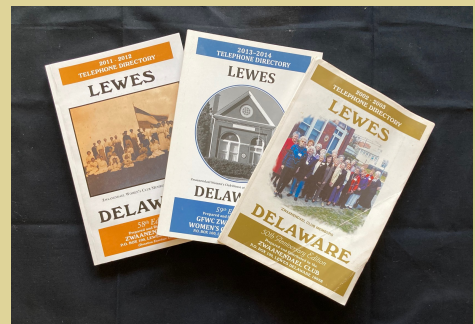
Four thousand telephone directories were printed and distributed to the Lewes area residents for free.

The club held a public forum on Health Care issues in Delaware at the Lewes Public Library.

Club members continued to focus on literacy by volunteering at the library and serving on the Lewes Public Library Friends board.



Phone Directory Fundraiser
1952 -2014



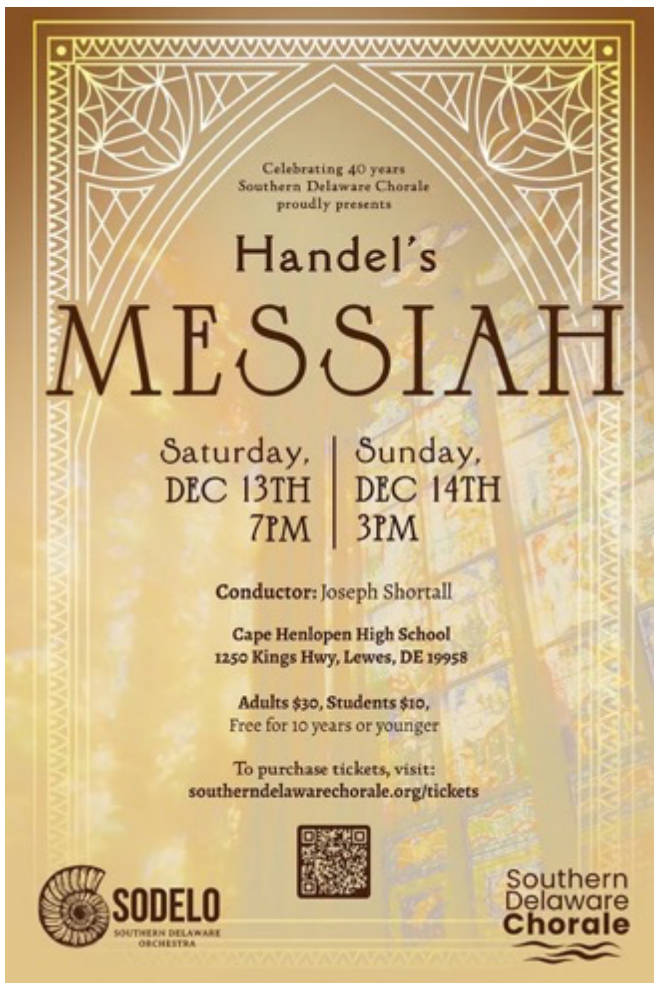
GFWC Zwaanendael Women's Club

Arts and Culture

Chairs: Deb Cebula & Connie Rivette

TWO UPCOMING EVENTS – JOIN US!

- 1) Purchase your ticket as instructed on flyer(s)
- 2) Sign up on TIF to let us know you are coming



Please Join the Arts and Culture Committee for
the Reel Art Appreciation Film Series
Water Lilies by Monet : The Magic of Water and Light

Wednesday, January 7 @ 1:00 pm

Cinema Arts Theater

17701 Dartmouth Drive, Lewes

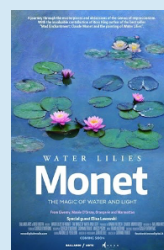
Tickets \$15 / Members \$12

1) PURCHASE TICKETS at RehobothFilm.com.

To attend with the group, please reserve by Friday, December 19.

2) LET DEB CEBULA KNOW YOU ARE COMING by signing up on

Track It Forward or emailing DCebula57@gmail.com, by Friday, December 19.



Water Lilies of Monet - the Magic of Water and Light tells the story of the origin of a massive work of art that broke with convention, of an artist resurrecting his life only thanks to painting. His human endeavor defied both space and conventions in his timeless masterpieces. In a war-torn country, the undisputed genius of French Art disrupted the art world and changes it forever. For more info go to RehobothFilm.com Join us for a post-film Q & A with Jamie Moore, Rehoboth Art League.

- MOST MONTHS, THE Z CLUB NEWSLETTER IS EMAILED TO MEMBERS MID-MONTH, PRIOR TO THE MONTHLY GENERAL MEETING
 - PAST NEWSLETTERS CAN BE FOUND ON THE Z CLUB WEBSITE
 - COMMITTEE CHAIRS:
 - Please let me know what is happening with your committee so that information can be shared with our members and the community.
 - Let me know about your events and activities so I can attend and take photos.
 - Any photos you may have can be sent to me via email or text but email preferred.
- kathyjocochran@comcast.net - 410-371-8892

Proclamation Story on Z Club Website/History Page

At the October general meeting members expressed that the story of The Town of Lewes' proclamation celebrating Z Club's 120 years should be posted permanently to our website.

The story is still temporarily on the home page, but it has also been permanently posted to the History page.

